



8th Annual Garris Chapel UMC



Beacons Men's Fellowship

Run/Walk for Christ & Stroke Awareness

Searching Inward
Looking Upward
Reaching Outward

4 CHRIST

October 1st, 2016

Visit Online @
www.garrischapel.com

- **Online Registration** available at <http://www.wilsontiming.com/Run4Christ>
- **5K Awards:** Given to top 3 overall and top 3 places in each of the following age groups: 19 and under, 20-29, 30-39, 40-49, 50-59, 60 and over.
- **1M Fun Run/Walk Awards:** Top 3 male and females age 12 or under.
- **Timing, Scoring & Online Registration** – by **WilsonTiming**. Results will be posted online at www.wilsontiming.com following the event.

• **Day of the Event:** 7:00 – 7:30 Runner Check-in

**Cannot guarantee a shirt the day of the race without preregistration

8:00 5K Start Time

9:00 1 Mile Fun Run Start

Proceeds shared with NC Stroke Association



- For Sponsorship or other information contact Steve Denhup– sadsmd@gmail.com -

OFFICIAL REGISTRATION FORM (ONE RUNNER PER FORM)

5k Run/Walk - \$25.00*

or

1 Mile for Fun - \$15.00*

*If postmarked prior to Oct 4th.
After Oct 4th - 5K \$30, 1 Mile \$20



Please make checks payable to:

Garris Chapel UMC Men

Mail Completed Form to:

**Garris Chapel UMC
823 Piney Grove Road
La Grange, NC 28551**

Please select t-shirt size:

- Youth Small Youth Medium
- Youth Large Adult Small
- Adult Medium Adult Large
- Adult X-Large Adult XX-Large

Name: _____

Address: _____

Phone: _____

Age: ____ Gender: Male Female

Disclaimer:

I understand that racing can be a hazardous activity, and I and my heirs, executors, administrators, and assigns do hereby release the organizers, sponsors, all race personnel, WilsonTiming.com., Garris Chapel church and church personnel, from responsibility for any damages suffered by me as result of my participation in this event. I also attest that I am in sufficient physical condition to safely participate in the event on October 1, 2016, and that I take responsibility for my personal safety during it.

Signature: _____